

ORLY NAIL TREATMENTS

ORLY is one of the MARKET-LEADING natural nail care brands and has recently launched GEL FX, the UK's first truly colourmatched gel polish range.

ORLY is COLOURFUL. If you're looking for a nail brand which launches seasonal, fresh, exciting, on-trend colours then look no further.

ORLY is PROFESSIONAL. With a heritage that dates back to 1975, you can be assured that the salon professional is at the very heart of the brand.

ORLY is INNOVATIVE. As the inventor of the Fresh Manicure. ORLY continues to pave the way in nail care whilst continuing to be true to the natural nail.

Signature Manicure	45 min	£42
Signature Pedicure	45 min	£42
Deluxe Manicure	60 min	£50
Deluxe Pedicure	60 min	£50
Signature Manicure (with gel)	60 min	£57
Signature Pedicure (with gel)	60 min	£57
Deluxe Manicure (With gel)	75 min	£65
Deluxe Pedicure (With gel)	75 min	£65
Gel FX Manicure	30 min	£40
Gel FX Manicure with removal	40 min	£50
Removal	10 min	£10



SPA ETIQUETTE

Essential reading to get the most from your spa day.

TREATMENT TIME

Your treatment time as advertised in the brochure includes before and after care as a complimentary service.

ARRIVAL TIME

We recommend that you arrive at The Quad Spa reception at least 30 min prior to your scheduled appointment. Please understand that a late arrival may mean that the scheduled time is reduced or unable to be honoured. The cancellation policy will still apply.

MEDICAL CONDITIONS

Some of the treatments that are offered are not suitable for guests with certain medical ailments and conditions. It is important that you alert any staff at the time of your booking if you suffer from any of the following conditions: Epilepsy, Allergies, Heart Conditions, High/Low blood pressure, Scar tissue, Varicose veins, any skin condition, Diabetes, Cancer, Thyroid problems, Pregnancy and any recent operations.

CANCELLATION POLICY

Cancellations over 24 hours will be refunded or rescheduled. Cancellations within 24 hours or less will incur a 100% charge. A credit card number will be required at the time of booking.

SPA ETIQUETTE

To preserve the tranquillity of The Quad Spa we request that all guests switch off their mobile phones and leave them in their locker. We request that guests keep noise to a minimum. Please be advised all valuables are left at their owner's risk and The Quad Spa will not be held responsible for any losses or damage.

RETAIL PRODUCTS

All the products used during your visit are available to continue your treatment at home. Please ask your therapist about recommended products.



Royal Victoria Dock, Western Gateway, London, E16 1AL

THE QUAD SPA TREATMENT GUIDE







0207 055 2118 WWW.THEQUADCLUB.COM WWW.CPDOCKLANDS.CO.UK





ESPA BODY TREATMENTS

We offer a huge of selection of ESPA body treatments and massages, each one designed and tailored specifically to ensure you experience the best physical and emotional therapeutic benefits depending on your needs.

ESPA EXPRESS

25 minute ESPA treatments or why not complement your treatment with one of the following:

Shoulder, Beck and Scalp Massage	25 min	£38
Back, Neck and Shoulder Massage	25 min	£38
Salt & Oil Scrub	25 min	£38
Invigorating Foot Treatments	25 min	£38

MASSAGE TREATMENTS

Back, Face & Scalp Treatment with or without hot stones	85 min	£98
Aroma Therapy Massage	40/55 min	£55/£68
Hot Stone Massage	40/55 min	£55/£68
Swedish	40/55 min	£55/£68
Deep Muscle Massage	40/55 min	£55/£68
Lift & Firm Hip & Thigh Treatments	55 min	£68
ESPA Detox Wrap	55 min	£68
ESPA Body Wrap	55 min	£68

MASSAGE MATERNITY

Pre & Post Natal Treatment	25/55 min	£38/£68
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ESPA FACIALS

Our facials begin with a detailed consultation and in depth skin analysis using SkinVision™ Technology to identify skin conditions not visible to the naked eye. Your facial is specifically tailored to you, to include cleansing, exfoliation, steam and extraction where necessary and a treatment specific massage, mask and intensive serum. Finally, skincare products are chosen for your individual needs to achieve the best possible results. To maintain the ultimate in healthy radiant skin we recommend a facial once a month.

ESPA EXPRESS

Personalised Express Facial	25 min	£38
Lift & Firm Eye Treatment	25 min	£38
Shoulder, Neck and Scalp Massage	25 min	£38

SKIN SOLUTIONS

Enzyme Facial	55min	£75
Skin Radiance Facial	55min	£68
Re-Hydrator Facial	55min	£68
De-Sensitiser Facial	55min	£68
Skin Purifying Facial	55min	£68

INTENSIVE & AGE DEFYING

Lift & Firm Facial	85 min	£98
Advanced Enzyme Facial	85 min	£98
Age-Defying Facial	55min	£75
Life Stage Facial	55min	£75
Ultimate Life Stage Facial	90min	£90

ESPA BODY FOR MEN

Our ESPA face and body treatments for men are specifically tailored to your skin type, each one designed specifically to ensure you experience the best physical and therapeutic benefits depending on your needs.

MASSAGE TREATMENTS

Age Rebel Facial	55/85 min	£68/£98
Men's Shoulder, Neck & Face Massage	55 min	£68
Back, Face & Scalp Treatment with or without Hot Stones	85 min	£98
Aromatherapy	40/55 min	£55/£68
Hot Stone Massage	40/55 min	£55/£68
Deep Muscle Massage	40/55 min	£55/£68
Swedish Massage	40/55 min	£55/£68
Muscle Reviver	40 min	£55

WAXING

CLEAN AND EASY

For the past decade, Clean + Easy have provided professional beauty therapists with the original, exclusive and patented line of roll-on waxing systems. In that time, Clean + Easy has grown to include a comprehensive line of treatments, accessories and paraffins, not to mention a full line of traditional pot waxes.

LADIES WAXING

Leg Wax	45 min	£30
Bikini Wax – Strip Wax	15 min	£15
Bikini Wax – Hot Wax	15 min	£17.50
High Bikini Wax	20 min	£22
Facial Waxing – Per Area	15 min	£12.50
Underarm Wax	15 min	£15
Arm Wax	20 min	£20
Half Forearm	15 min	£15
Brazilian – Strip Wax	30 min	£39.50
Brazilian — Hot Wax	35 min	£41.50
Hollywood – Strip Wax	35 min	£42.50
Hollywood – Hot Wax	40 min	£43.50

MENS WAXING

Chest Wax	30 min	£30
Back Wax	30 min	£30
Shoulder Wax	20 min	£20
Underarm Wax	15 min	£15
Stomach	30 min	£30

TINT AND SHAPE

Eyebrow Shape	15 min	£15
Eyebrow Tint*	15 min	£15
Eyelash Tint*	15 min	£15
Eyelash & Eyebrow Tint*	25 min	£22

^{*} A test patch may be required 24hrs before treatment.